Lust auf gesunde Zähne

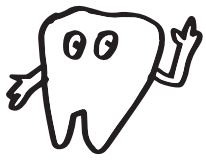
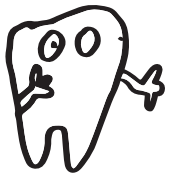
LAGZ

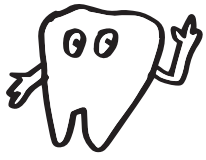
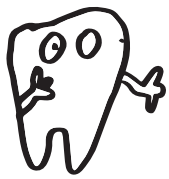
www.lagz.de

ZAHNPUTZPLAN

Name: ……

Hast du deine Zähne geputzt? Ja Nein

	am Morgen	am Abend
Montag		
Dienstag		
Mittwoch		
Donnerstag		
Freitag		
Samstag		
Sonntag		

	am Morgen	am Abend
Montag		
Dienstag		
Mittwoch		
Donnerstag		
Freitag		
Samstag		
Sonntag		

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